
Original

Factors influencing prolonged
mechanical ventilation after
liver transplantation: a retrospective cohort study

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Abstract

To examine the factors contributing to the prolongation of the mechanical ventilation period after liver transplantation, we retrospectively inspected adult living donor liver transplant recipients.

A total of 46 adult liver failure patients who had undergone liver transplantation from a living donor were enrolled in this study. The subjects were divided into two groups based on the postoperative mechanical ventilation period: Group 1 comprised patients who had left within 24 hours of the postoperative ventilator use (n = 33), and Group 2 consisted those who had been mounted on a ventilator for over 24 hours after surgery (n = 13).

The duration of mechanical ventilation was 11.0 (9.2, 12.0) hours in Group 1 and 36.5 (33.0, 154.0)

hours in Group 2. Group 1 had younger patients and more men than Group 2 (p < 0.05). There were no significant differences in pre-anesthetic laboratory data except for the serum aspartate aminotransferase level between the two groups, but hemoglobin concentration and hematocrit at the end of surgery were significantly higher in Group 2 (p < 0.05). The patient's age, sex, and hematocrit at the end of surgery affected the postoperative duration of mechanical ventilation in the regression analysis (p < 0.05).

Older age, female sex and high value of hematocrit at the end of surgery were factors of longer postoperative mechanical ventilation period in liver transplant patients.

Key words : *liver transplantation, mechanical ventilation, hematocrit, hemoglobin concentration*

I. Introduction

Liver transplantation is one option with end-stage liver diseases, but the results of postoperative outcomes are not always satisfactory¹⁻³⁾.

One of the causes of poor convalescence is postoperative respiratory failure. Transplant patients are usually taken off mechanical ventilation and extubated in the early morning of postoperative day 1. However, some patients often experienced difficulty separating from mechanical ventilation. Various reasons for

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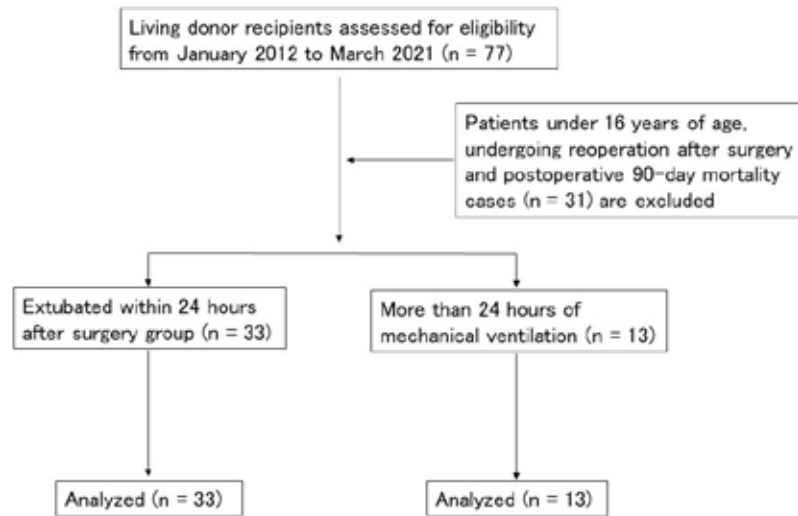


Fig. 1. Flowchart of eligible included in the study

prolonging mechanical ventilation have been previously reported^{4,7)}, including respiratory failure before the operation and renal disturbance. To examine the factors contributing to the prolongation of the mechanical ventilation period after liver transplantation, we retrospectively inspected adults who received liver transplants from living donors. In addition, underlying factors of the respiratory failure after the operation of liver transplantation should be detected, and it is necessary to make use in perioperative care.

II. Patients and methods

This study was approved by the Ethics Committee of Iwate Medical University School of Medicine (MH2018-043).

Clinical data of decompensated cirrhosis patients who had undergone liver transplantation from living donors between January

2012 and March 2020 were obtained from electronic clinical records and anesthetic records. Patients under 16 years of age, those requiring reoperation, and those who died within 90 days of the procedure were excluded. A total of 46 patients were enrolled in this study.

All patients received fentanyl and/or remifentanyl for pain prevention during general anesthesia. For sedation, anesthesia was induced by intravenous administration of propofol and maintained by inhalation of 0.5–1.0% of isoflurane or 3–6% of desflurane with 40–80% oxygen mixed with air. Rocuronium (0.2–0.4 mg/kg/h) was continuously administered as a muscle relaxant during anesthesia. We routinely prepared dopamine and noradrenaline as vasopressors and prostaglandin E1 for maintenance of transplanted liver perfusion. Anesthesia-related drugs and cardiovascular agents were administered at the discretion of

Abbreviations

PT-INR: prothrombin time-international normalized ratio
 aPTT: activated partial thromboplastin time
 ATIII: anti-thrombin III
 AST: aspartate aminotransferase
 ALT: alanine aminotransferase

BUN: blood urea nitrogen
 MELD: model for end-stage liver disease
 MEAF: model for early allograft function
 ICU: intensive care unit
 PNI: prognostic nutritional index

Table 1. Demographic profile

	Group 1 (n=33)	Group 2 (n=13)	p value
Age (years)	46.3 ± 12.8	55.0 ± 10.6 *	0.035
Sex (M/F)	19/14	3/10 *	0.035
Height (cm)	164.2 ± 10.1	158.7 ± 7.3	0.083
Weight (kg)	61.8 ± 12.4	63.7 ± 11.7	0.639
BMI	22.9 ± 4.0	25.1 ± 3.4	0.086
Indication diseases			0.240
Cholestatic diseases	6	3	
Hepatocellular diseases	23	6	
Vascular diseases	1	0	
Neoplastic diseases	1	0	
Acute liver failure	2	3	
Metabolic diseases	0	0	
Others	0	1	
Cholestatic diseases	6	3	

Values are mean ± S.D. or number. BMI, body mass index.

*: p < 0.05 vs. Group 1.

the anesthesiologist. Regarding the infusion management, we administered red blood cell concentrates so that hemoglobin concentration came into the range of 8-10g/dl. In addition, platelet concentrate was infused when platelet count was less than 40,000/mm³, and fresh frozen plasma was infused when PT-INR was more than 1.5.

The subjects were divided into two groups based on the length of postoperative mechanical ventilation period. Group 1 subjects were separated from ventilation within 24 hours of surgery (n = 33). Group 2 subjects had ventilation lasting more than 24 hours after surgery (n = 13) (Fig. 1). Extubation in the intensive care unit was based on the following criteria: patients' consciousness level was clear, PF ratio was 300 or more, and PaCO₂ was less than 50 mmHg under spontaneous breathing.

We collected data on patient characteristics, anesthesia throughout the period, bleeding and urine dose, infused fluid volume, and

perioperative laboratory data, including pulmonary function, blood gas analysis, blood cell counts, and coagulation function. These data were compared between the two groups.

Statistical analyses were performed using SPSS version 22 (SPSS Inc., Chicago, IL, USA). The Shapiro-Wilk test was used to assess whether the data were normally distributed. Continuous data were expressed as median (interquartile range) or mean ± SD, and categorical variables were expressed as the number of patients. The Mann-Whitney U test or unpaired Student's t-test was used to compare continuous variables. Categorical data were assessed using a chi-square test. Logistic regression and Cox proportional hazard model were used to assess the multivariate analysis, in which the independent variables were taken from the results of the univariate statistical comparison between two groups with significance level p < 0.05. Statistical significance was set at p < 0.05.

Table 2. Pre-anesthetic laboratory data

	Group 1 (n=33)	Group 2 (n=13)	p value
Pulmonary function			
%VC (%)	92.5 (81.5, 104.7)	89.9 (79.4, 93.6)	0.494
FEV _{1.0} (L)	2.76 (2.15, 3.42)	2.19 (2.04, 2.56)	0.219
FEV _{1.0} % (%)	81.9 (77.6, 84.5)	81.7 (79.8, 84.9)	0.882
Blood gas analysis			
P/F ratio	425.7 (361.1, 466.7)	372.9 (270.7, 441.7)	0.154
pH	7.48 (7.45, 7.49)	7.46 (7.43, 7.47)	0.233
Base excess (mEq/L)	1.35 (0.08, 2.23)	0.00 (-0.90, 2.90)	0.611
HCO ₃ ⁻ (mEq/L)	25.0 (23.9, 26.8)	23.6 (21.9, 25.8)	0.220
Blood count			
Hemoglobin (g/dl)	10.0 (9.1, 11.0)	9.7 (8.2, 10.1)	0.435
Hematocrit (%)	30.7 (27.6, 33.0)	29.0 (24.0, 30.9)	0.400
Platelet (/mm ³)	84.5 (52.0, 109.8)	68.0 (56.0, 106.0)	0.861
Coagulation function			
PT-INR	1.39 (1.25, 1.58)	1.40 (1.19, 1.62)	0.723
aPTT (sec)	39.0 (33.6, 50.1)	37.7 (33.9, 43.8)	0.726
Fibrinogen (mg/dl)	268.0 (178.0, 294.0)	289.0 (190.0, 341.5)	0.520
Anti-thrombin III (%)	56.0 (42.0, 79.0)	57.0 (50.0, 84.0)	0.558
Liver function			
Total bilirubin (mg/dl)	2.00 (1.10, 6.60)	3.70 (1.30, 10.50)	0.335
AST (mg/dl)	41.0 (29.0, 60.0)	59.0 (46.0, 69.0) *	0.044
ALT (mg/dl)	34.0 (23.0, 48.0)	30.0 (20.0, 38.0)	0.652
Renal function			
Creatinine (mg/dl)	0.76 (0.58, 0.96)	0.81 (0.58, 0.98)	0.600
BUN (mg/dl)	14.3 (10.3, 16.4)	13.4 (9.3, 18.2)	0.970
Electrolytes			
Na (mEq/L)	135.0 (132.4, 139.0)	137.0 (133.0, 138.8)	0.599
K (mEq/L)	3.87 (3.60, 4.08)	3.80 (3.60, 4.06)	0.961
Cl (mEq/L)	105.0 (102.0, 107.0)	107.0 (103.0, 108.0)	0.433
Others			
Total protein (mg/dl)	6.50 (5.80, 7.00)	6.20 (5.60, 6.40)	0.201
Albumin (mg/dl)	2.80 (2.30, 3.30)	2.80 (2.70, 3.30)	0.516
Lymphocyte count (/mcl)	850.0 (480.0, 1210.0)	660.0 (620.0, 930.0)	0.874
PNI	33.6 (27.7, 39.5)	33.1 (30.2, 38.7)	0.807
Lactate (mmol/L)	1.60 (1.20, 2.10)	1.50 (1.40, 1.90)	0.820
MELD	12.08 (6.61, 16.17)	10.43 (8.51, 17.94)	0.457

Values are expressed as the median (interquartile range). *: p < 0.05 vs. Group 1.

VC, vital capacity; FEV, forced expiratory volume; PT-INR, prothrombin time-international normalized ratio; aPTT, activated partial thromboplastin time; AST, aspartate aminotransferase; ALT, alanine aminotransferase; BUN, blood urea nitrogen; PNI, prognostic nutritional index; MELD, model for end-stage liver disease.

III. Results

There were significant differences between Group 1 and Group 2 with respect to age and sex (p < 0.05), but not in height, weight, and

BMI. Adaptation diseases of liver transplantation did not differ (Table 1).

The pre-anesthetic laboratory data are shown in Table 2. Preoperative nourishment status was

Table 3. Intra-anesthetic data

	Group 1 (n=33)	Group 2 (n=13)	p value
Operation time (min)	743.0 (672.0, 857.0)	775.0 (747.0, 844.0)	0.176
Anesthesia time (min)	848.0 (782.0, 980.0)	908.0 (870.0, 962.0)	0.329
Blood loss (g)	4197.0 (1983.0, 6809.0)	3663.0 (2253.0, 11234.0)	0.583
Urine output (ml)	1390.0 (875.0, 2220.0)	1840.0 (845.0, 2585.0)	0.687
Infusion volume (ml)	13210 (10330, 15130)	14260 (10180, 20680)	0.491
Total balance (ml/kg/hr)	8.76 (6.39, 11.50)	8.47 (6.39, 12.51)	0.950
Fentanyl dose (mcg/kg)	49.6 (26.6, 83.6)	40.1 (30.4, 71.4)	0.855
Infusion cotents (ml)			
Red cells concentrates	1680 (1120, 2240)	2240 (1400, 3360)	0.101
Fresh frozen plasma	2880 (1920, 4080)	3600 (2400, 5040)	0.241
Platelets concentrates	200 (0, 400)	400 (200, 600)	0.308
5% Albumin	4250 (3000, 6000)	4500 (3000, 7300)	0.582
Non-blood products	2750 (2400, 4200)	4500 (3000, 7300)	0.323
Bleeding dose - infusion volume of red cells concentrates (ml)	2625 (891, 4326)	1647 (1133, 5455)	0.798

Values are expressed as the median (interquartile range).

evaluated using the prognostic nutritional index (PNI), and the only significant difference involved the serum aspartate aminotransferase (AST) level.

Intra-anesthetic data involving fluid balance are presented in Table 3. The durations required for surgery and anesthesia were not statistically different, and there was no difference in the administered fentanyl dose. In addition, there were no differences in the fluid balance, or doses of blood preparations.

Laboratory data at the end of the surgery are shown in Table 4. The hemoglobin concentration and hematocrit were significantly lower in Group 1 ($p < 0.05$).

Thirteen of 46 patients (28.3%) required mechanical ventilation for over 24 hours. The duration of mechanical ventilation was 11.0 (9.2, 12.0) hours in Group 1 and 36.5 (33.0, 154.0) hours in Group 2. However, there were no statistical differences in the intensive care unit admission period and postoperative hospital stay between

the two groups (Table 5).

Logistic regression analysis and Cox regression analysis were performed on the factors with p-values less than 0.05 in the comparison between the groups. The factors were the patients' age, sex, and serum concentration of AST as pre-anesthetic factors, and hemoglobin concentration and hematocrit as postoperative factors. The hemoglobin concentration at the end of surgery was excluded from the regression analysis because it was significantly correlated with the hematocrit value ($p < 0.05$). The patients age, sex, and hematocrit at the end of surgery affected the postoperative duration of mechanical ventilation ($p < 0.05$, Table 6, 7).

Figures 2 and 3 show the receiver operating characteristic (ROC) curve of the patients age and the hematocrit value at the end of surgery. The areas under the curve (AUC) were 0.65 for the patients age and 0.53 for the hematocrit value.

Table 4. Laboratory data at the end of surgery

	Group 1 (n=33)	Group 2 (n=13)	p value
Blood gas analysis			
P/F ratio	405.9 (361.2, 433.7)	349.8 (211.6, 416.7)	0.121
pH	7.42 (7.37, 7.43)	7.38 (7.35, 7.43)	0.335
Base excess (mEq/L)	-0.20 (-2.15, 0.68)	-0.70 (-4.90, 1.10)	0.634
HCO ₃ ⁻ (mEq/L)	24.1 (23.0, 25.2)	24.2 (21.6, 25.1)	0.900
Blood count			
Hemoglobin (g/dl)	8.8 (7.8, 9.7)	9.8 (8.9, 10.8) *	0.013
Hematocrit (%)	26.0 (23.0, 28.2)	29.0 (26.0, 32.0) *	0.010
Platelet (/mm ³)	71.0 (60.0, 98.5)	71.0 (44.0, 82.0)	0.335
Coagulation function			
PT-INR	1.54 (1.42, 1.71)	1.45 (1.32, 1.52)	0.097
aPTT (sec)	43.7 (39.1, 50.9)	42.3 (39.1, 52.6)	0.920
Fibrinogen (mg/dl)	138.0 (114.0, 169.0)	162.5 (117.5, 216.0)	0.378
Anti-thrombin III (%)	66.0 (56.0, 88.0)	73.0 (58.0, 80.0)	0.999
Liver function			
Total bilirubin (mg/dl)	3.90 (3.20, 5.40)	4.50 (2.80, 7.90)	0.788
AST (mg/dl)	370.0 (240.0, 588.0)	389.0 (334.0, 589.0)	0.652
ALT (mg/dl)	248.0 (190.0, 511.0)	328.0 (191.5, 445.8)	0.950
Renal function			
Creatinine (mg/dl)	0.84 (0.57, 1.24)	0.80 (0.67, 1.38)	0.687
BUN (mg/dl)	14.3 (10.9, 18.9)	13.3 (9.4, 22.4)	0.802
Electrolytes			
Na (mEq/L)	142.0 (139.1, 143.9)	142.0 (139.0, 145.2)	0.841
K (mEq/L)	3.56 (3.29, 3.78)	3.61 (3.38, 3.90)	0.679
Cl (mEq/L)	107.0 (104.8, 110.0)	106.0 (103.0, 109.0)	0.707
Others			
Total protein (mg/dl)	5.20 (4.90, 5.70)	5.10 (4.80, 6.30)	0.960
Albumin (mg/dl)	3.85 (3.58, 4.30)	3.90 (3.70, 4.70)	0.539
Lactate (mmol/L)	4.45 (3.09, 6.65)	4.82 (3.41, 5.68)	0.767
MELD	15.49 (13.26, 18.92)	12.24 (11.03, 16.01)	0.550

Values are expressed as the median (interquartile range). *: p < 0.05 vs. Group 1.

PT-INR, prothrombin time-international normalized ratio; aPTT, activated partial thromboplastin time; AST, aspartate aminotransferase; ALT, alanine aminotransferase; BUN, blood urea nitrogen; MELD, model for end-stage liver disease.

IV. Discussion

Although liver transplantation for patients with end-stage liver disease has become a life-saving procedure in Japan, perioperative care for recipients has not yet been established, and patients' outcomes are not always satisfactory¹⁻³. One serious complication in perioperative care is respiratory failure, which may be due to difficulty in separating from mechanical ventilation.

Furthermore, prolonging artificial ventilation and tracheal intubation can easily be accompanied by respiratory complications, such as pneumonia. It can also cause muscle weakness because the long-term artificial ventilation management disturbs progress of the rehabilitation⁸⁻¹¹. In this study, we investigated the administrative factors of preoperative conditions and intraoperative anesthesia management as causes of prolonged

Table 5. Postoperative clinical course

	Group 1 (n=33)	Group 2 (n=13)	p value
Time on ventilator (hours)	11.0 (9.2, 12.0)	36.5 (33.0, 154.0)	-
ICU stay (days)	10.0 (7.0, 15.0)	12.0 (9.0, 22.0)	0.182
Hospital stay (days)	60.0 (40.8, 98.0)	94.0 (57.0, 115.0)	0.234

Values are expressed as the median (interquartile range).
ICU, intensive care unit.

Table 6. Multivariate logistic regression analysis for postoperative longer mechanical ventilation

	OR	95% CI	p value
Age *	1.098	1.011-1.193	0.027
Sex *	9.061	1.361-60.337	0.011
Hematocrit value at the end of surgery *	1.278	1.039-1.572	0.020

*: p < 0.05.

Table 7. Cox regression analysis for postoperative longer mechanical ventilation

	Group 1 (n=33)	Group 2 (n=13)	p value
Age *	0.967	0.940-0.996	0.024
Sex *	0.419	0.199-0.879	0.021
Hematocrit value at the end of surgery *	0.909	0.836-0.989	0.026

*: p < 0.05.

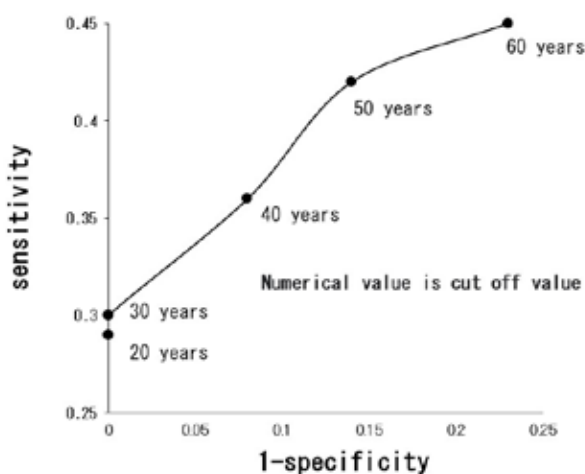


Fig. 2. Receiver operating characteristic (ROC) curve for prolonged mechanical ventilation after liver transplantation on patients' age. Area under the curve (AUC) is 0.63.

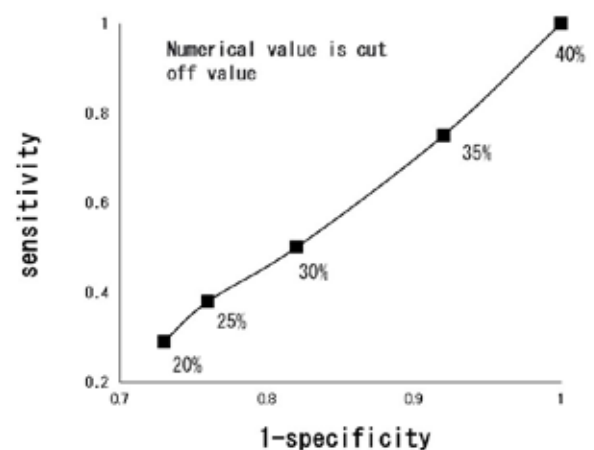


Fig. 3. Receiver operating characteristic (ROC) curve for prolonged mechanical ventilation after liver transplantation on the hematocrit value at the end of surgery. Area under the curve (AUC) is 0.55.

mechanical ventilation.

Avolio et al. demonstrated that the predictors of postoperative respiratory failure were a higher value of Model for End-stage Liver Disease (MELD) score, restrictive lung pattern, intraoperative veno-venous bypass, high PaCO₂ before extubation, and Model for Early Allograft Function (MEAF) in non-acute liver transplantation⁴. Their diagnosis of postoperative respiratory failure included patients who needed artificial ventilation after surgery for more than 48 hours, with 36.0% of the cases meeting these criteria. In contrast, in the present study, 8.7% of the patients required mechanical ventilation management for more than 48 hours after surgery. One possible reason for the difference is that we excluded reoperation cases and cases of mortality within 90 days of surgery to evaluate only respiratory function in the early period after the first transplantation surgery. In addition, the criteria for weaning from mechanical ventilation in our facilities might differ from those of other facilities.

None of the patients in this study had preoperative pulmonary complications related to end-stage liver failure, including hepatic hydrothorax, hepatopulmonary syndrome, porto-pulmonary hypertension, and α -1-antitrypsin deficiency emphysema⁵. In addition, there were no significant differences between the groups in preoperative pulmonary oxygenation ability. Therefore, it is thought that the prolongation of the postoperative artificial ventilation period in our study was mainly influenced by factors involved in anesthesia management. Several other studies have shown that older patients, women, and patients with hepatic functional reserve, history of lung disease, renal impairment, the merger of

diabetes, and the state of the donor's liver are preoperative factors associated with respiratory failure^{4, 5, 12}. It is difficult to compare these studies directly because the pathologic diagnostic criteria were different for each facility, and the perioperative care of liver transplantation was different.

Respiratory complications in the early period after liver transplantation include pulmonary edema, pleural effusion, atelectasis, pneumonia, and transfusion-related acute lung injury. Perioperative respiratory complications are one of the causes of poor outcomes in liver transplant patients^{4, 5, 8}. Our results showed that there were significant differences in preanesthetic factors such as patients' age, sex, and serum AST level, whereas hemoglobin concentration and hematocrit value at the end of surgery were intraoperative factors between the groups ($p < 0.05$). These factors were regarded as influencing muscular strength in elderly people. Female patients experienced prolongation of artificial ventilation, and since the normal value of serum creatinine concentration was lower in female patients, it was considered that the MELD score was underestimated^{11, 12}. In this study, when the creatinine level of a woman was multiplied by 1.2, the difference between the groups increased, but it was not significant; Group 1: 0.77 (0.65, 0.98), Group 2: 0.88 (0.70, 1.08). There was an apparent difference in the preoperative serum AST level between the groups, but it was not an influencing factor that was meaningful in the regression analysis. A possible reason why the preoperative AST was significantly higher in Group 2 could be that more AST was derived from other organs and organizations, including the kidney. This is because the ALT, which is specific to the liver, was slightly higher in Group

1. The regression analysis revealed that older age, female sex, and higher hematocrit values at the end of surgery were factors that extended the mechanical ventilation periods ($p < 0.05$). The high hematocrit value may be able to produce a disorder of blood flow in the transplanted liver because of the hyper viscosity of the blood¹³⁾. In addition, surplus blood transfusion may cause lung edema by increasing fluid preload to the heart and transfusion-related acute lung injury⁴⁾. Sahinturk et al. reported that preoperative presence of hepatic encephalopathy, high AST level, large intraoperative infused dosage of red blood cell preparation, and longer duration of surgery were predictive factors of postoperative prolonged artificial ventilation period¹⁴⁾.

Many studies on the prognostic factors of liver disease have been published, but there have been no reliable studies so far¹⁵⁻¹⁸⁾. The MELD score is a representative index of liver damage with MELD-Na and MELD-lactate¹⁹⁻²²⁾. Recently, in addition to the MELD score, the MEAF score and liver graft assessment following the transplantation risk score have been reported to be more accurate predictors of transplanted liver function^{23, 24)}. Furthermore, lactate clearance has been demonstrated to be useful in predicting early graft dysfunction after surgery²⁵⁻²⁸⁾.

In the present study, we assessed the cause of early postoperative respiratory failure from the perspective of pre- and intra-anesthesia factors. Although the preanesthetic laboratory data, except for serum AST concentration, did not differ between groups, it was significantly different for the patients' age and sex (Tables 1 and 2, $p < 0.05$). Meanwhile, there were differences in hemoglobin concentration and

hematocrit at the end of surgery between the groups (Table 4, $p < 0.05$). Moreover, the patients' age, sex, and hematocrit at the end of surgery had effects on the early postoperative respiratory condition (Table 6, 7, $p < 0.05$). This means that increased age, female sex, and surplus blood transfusion during surgery are risk factors for prolonged postoperative mechanical ventilation. Although there were no statistical differences in the infusion volumes of blood-derived products during anesthesia, differences in the quantity of blood loss and red blood cell preparation were slightly lower in Group 2 (Table 3). Anesthesiologists should be careful with fluid management, especially with blood transfusions during liver transplant surgery.

About ROC curve (Fig. 2, 3), it was a little higher for patients' age, but this cannot be said to be highly accurate based on ROC for both parameters because the 0.5 ~ 0.7 of AUC is a low level of accuracy. When we assumed a cut-off of 55 years of age, 44% of sensitivity and 82% of specificity predicted that artificial ventilation periods would become more than 24 hours. While we assumed a cut-off level of 35% of the hematocrit value at the end of surgery, 75% of sensitivity and 76% of specificity predicted that artificial ventilation periods would be more than 24 hours.

There have been reports that the risk of complications in liver failure patients is greater in patients with a MELD score ≥ 18 , and their risk of post-liver transplantation is higher¹⁵⁻¹⁷⁾. On the other hand, patients with higher MELD scores are indicated for liver transplantation, and there are cases in which it is the only life-saving option.

The most important finding in this study

was that higher values of hematocrit and/or hemoglobin concentration at the end of liver transplantation affected the length of artificial ventilation required by the patients.

This retrospective study has some inherent limitations. First, the number of patients was small, and the groups were of different sizes. Second, the patients were divided into two groups based on the duration of the postoperative mechanical ventilation period. In the present study, we selected 24 hours after surgery as the criterion because ventilatory weaning is usually performed on the day after the operation. However, it is unclear whether our classification was adequate. Third, we did not analyze donor graft quality.

The number of liver transplantations in Japan, especially from brain-dead donors, remains small compared to that in Europe or the US because the concept of brain death has not permeated Japanese society. However, the total number of operations has steadily increased. Therefore, further analyses of Japanese liver transplantation are necessary.

In conclusion, the results of our study have shown that liver transplant patients who are older, women or have higher hematocrit values at the end of surgery are more likely to need a longer postoperative mechanical ventilation period. Anesthesiologists should be careful with fluid management, especially blood transfusions during liver transplant surgery, to prevent prolonged mechanical ventilation.

Declarations

Authors' contributions: KSS designed the study. HK prepared most of the manuscript and analyzed and interpreted the data. All authors have taken charge of anesthetic management and contributed to writing the manuscript for submission.

Ethics approval and consent to participate: This was a retrospective cohort study, and the study was approved by the Ethics Committee of Iwate Medical University School of Medicine (approval number: MH2018-043).

Conflict of interest: The authors have no conflict of interest to declare.

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生体肝移植レシピエントの
術後人工呼吸長期化に影響を与える因子
－後向きコホート研究－

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要旨

肝移植レシピエント患者において, 術後人工呼吸時間に影響する因子を明らかにする目的で後ろ向きに検討した.

当施設で施行された生体肝移植術レシピエント患者 46 名を対象とし, 術後 24 時間以内に人工呼吸を離脱した患者: 1 群 (n = 33) と 24 時間以上の人工呼吸管理を要した患者: 2 群 (n = 13) に振り分け, 患者背景および周術期データについて群間比較した.

2 群と比較して 1 群患者は年齢が低く, 男性が多かった ($p < 0.05$). 術前検査データでは, 血中 AST

濃度が 2 群で高かった ($p < 0.05$). 手術終了時の検査データでは, ヘモグロビン濃度およびヘマトクリット値が 2 群で高かった ($p < 0.05$). 群間比較にて有意差を認めた因子による重回帰分析では, 年齢・性別・手術終了時のヘマトクリット値が術後人工呼吸時間に影響を与える因子であった ($p < 0.05$).

高齢・女性・手術終了時のヘマトクリット値高値は肝移植において術後人工呼吸時間を延長させる因子であることが示唆された.